



**City & Hackney
GP Confederation**
A community interest company

**Are you, or do you know, a
young person aged 6–19 who is
caring for a family member?**

**HACKNEY YOUNG CARERS CAN HELP WITH
SUPPORT, ADVICE AND ADVOCACY**

- **Individual and group support**
- **Trips and activities**
- **Help in accessing specialist services**
- **A place to meet other young carers**

For more information ask your GP or Nurse or contact:

HACKNEY YOUNG CARERS PROJECT

Telephone 020 8356 4800

www.younghackney.org/advice/young-carers/

Please note this is for Hackney residents only